

Hand your browser *to Claude*.

While I worked on a deadline, Claude ordered my groceries, downloaded my gas bills, and found five graduation photographers, in my own Chrome, without me touching the mouse. This guide is the whole method: the setup, the three prompts, and the rules that keep it safe.

1. The setup, once (about 2 minutes)

- 1 In Chrome, search for "**Claude in Chrome**" and open the Chrome Web Store listing. Click **Add to Chrome**.
- 2 The extension asks to connect to your Claude account. Click **Authorize**.
- 3 Claude now sits next to your address bar. Click the icon, read the first-run instructions, and you get a Claude panel beside your tabs.
- 4 Pick your mode: **Ask before acting** or **Act without asking**. Start with Ask before acting until you have watched it work a few times.

2. Handoff one: the grocery run

Open the Google Doc with your list first, then send this from that tab. Payment stays yours on purpose.

Fill my Whole Foods cart from the list located in the Google Doc named: Groceries Run

Rules:

- Match the size and quantity I wrote. If I did not specify, pick the standard size, not the largest.
- If an item is out of stock or unavailable, pick the closest substitute and add it to a flagged list. Never swap silently.
- If an item is ambiguous, add your best guess and flag it rather than stopping to ask.
- Do not proceed to checkout. Do not enter or select payment. Stop when the cart is built.

When you are done, tell me: how many items you added, which ones you substituted and why, and anything you could not find at all.

3. Handoff two: the utility bills

Log into the account yourself first. Claude in Chrome does not handle passwords or two-factor codes.

Go to my National Grid account, which is already logged in, and download every bill or statement available to me.

Rules:

- Save them to my Downloads folder.
- Do not change any account settings, do not enroll or unenroll me in anything, do not update payment methods.
- If you hit a login screen or a verification step, stop and tell me instead of trying to get past it.

When you are done, tell me: how many bills you downloaded, the date range they cover, and any month that was missing.

4. Handoff three: the vendor research

Swap in any search you have been putting off: contractors, bookkeepers, venues, suppliers.

Build me a list of independent graduation photographers serving the Greater Boston area.

Who counts:

- Solo photographers and small studios who take individual graduation and senior portrait bookings.
- Exclude national contract firms and any company holding university-wide contracts.

For each one, capture: business name, website, city or neighborhood, one line on what they specialize in, and the URL where you found them.

Rules:

- Use public listings, directories, and their own sites. Do not attempt to access anything behind a login.
- If a site blocks you or refuses to load, note it and move on to the next one.
- Stop at 5.

Give me the results as a table, and tell me which sources you could not access.

The rules that keep it safe

- **Log in first.** Claude will not handle passwords or two-factor codes. Sign in, then make the request.
- **Keep payment for yourself.** Claude fills the cart, you press the pay button. Say it in the prompt.
- **Start with Ask before acting.** Watch every click until you trust it on that site.
- **Know who is driving.** Claude's cursor is a second pointer in a different color, and the tab group says "Claude is active."
- **Use the shape.** Every good handoff prompt has three parts: the task, the rules, and a report when it is done.

Which tasks are quietly eating 10 hours of your week? The free AI Audit takes 2 minutes and shows you what to hand off first: diagnostic.giovannielabs.ai

All the prompts, plus a free tool that picks your first three handoffs: giovannielabs.ai/claude-in-chrome

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